

# Dharma Chautauqua

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**This group** reflects a free and open-minded inquiry into important fundamental questions: How can we live mindfully and with greater clarity? Have acceptance of the inevitable challenges? Experience happiness?

We can find **our way home** by engaging the transformative practice of Vipassana (insight) meditation.

More information?

**[DHARMACHAUTAUQUA.DRYCREEKHOST.NET](http://DHARMACHAUTAUQUA.DRYCREEKHOST.NET)**

**Thursdays 6:00-7:30PM**

**First Unitarian Church**  
3114 Harney St, Omaha  
(Enter through South SIDE door)

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